



Coronado Middle School

550 F Avenue
Coronado, California 92118
(619) 522-8921 Telephone
(619) 522-6948 Facsimile
www.coronadousd.net



August 2016

To Military Families:

CMS is pleased to have the support of a Military Family Life Counselor (MFLC) provided by the Department of Defense. The school MFLC provides brief, solution-focused, non-medical counseling to active military and their families. The school MFLC is a licensed masters or doctorate-level licensed counselor available to provide short-term, non-medical counseling support. Counseling services are at no-cost, and interactions with your child and/or family are kept in strictest confidence. **No** records are kept.

This year, we are fortunate to have MFLC **Ms. Tanesha Adams** provided to us by our military partners in education. Ms. Adams provides a range of supports to address the unique challenges of military students and families. Her additional support to the current counselors and administrative staff at CMS is extremely valuable, as she too can offer brief interventions for students as needs arise. Additionally, if you would like your child to participate in more regular counseling, there would be phone communication with Ms. Adams prior to the commencement of counseling sessions.

If you are interested in learning more about the program, call the school MFLC directly at 619-592-0821 or email at: mflc.cms@coronadousd.org. A "Parent Information Letter" must be signed prior to the school MFLC working with any child directly. Signing this letter signifies that the parent has read the information regarding the services that the MFLC provides and gives the MFLC permission to interact with their child should a need arise for support. **Signing it does not mean that the MFLC will necessarily work with your child individually.**

Respectfully,

Karin Mellina, M.Ed.
CMS Principal

For questions and more information, please feel free to call the Military Family Life Counselor @ (619) 592-0821

*** TRUSTWORTHINESS * RESPECT * RESPONSIBILITY * FAIRNESS * CARING * CITIZENSHIP ***

Character is doing the right thing, even when no one is watching!

MEMORANDUM FOR: All Coronado Unified School District Parents

SUBJECT: Child and Youth Behavioral Military Family Life Counselor (CYB-MFLC)

This letter is to inform you about the Child and Youth Behavioral Military Family Life Counselor (CYB-MFLC) Program. Due to the unique challenges faced by military families, particularly during this time of war, the Department of Defense is providing professional licensed counseling staff to provide non-medical counseling services to Service members and their families, children, and staff of Coronado Unified School District.

With the exception of mandatory state, federal, and military reporting requirements (i.e., domestic violence, child abuse, and duty to warn situations) MFLC support is private and confidential to encourage the widest level of participation.

The CYB-MFLCs are available to provide non-medical support to faculty, staff, parents, and children for issues amenable to short-term problem resolution such as school adjustment issues, deployment and reunion adjustments, and parent-child communications. In his/her role as consultant, he/she is available to:

- Observe, participate, and engage in activities with children and youth
- Outreach to parents
- Facilitate deployment groups at the school.
- Conduct trainings for staff and parents
- Recommend referrals to military social services and other local resources as needed.

Subject areas may include but are not limited to the following:

- Communication
- Resolving conflicts
- Managing anger
- Bullying
- Behavioral management techniques
- Sibling/parental relationships
- Deployment and reintegration issues
- Self-esteem/self-confidence

The counselor may also work with children in settings such as field trips and other school sponsored activities where he/she is available to talk to the children, facilitate group activities and be involved in such a way as to enhance the children's experiences.

The counselor is available to accommodate appointments and meetings/activities after hours and on the weekend with advance notice.

Please note the following rule that our counselor must abide by:

- At no time will the counselor meet individually with a child without being in line of sight of a school employee or their parent/guardian.

The school district is very excited to offer the Military Family Life Counselor program; a confidential program which is offered at no cost. If you have any questions, please do not hesitate to call/e-mail the MFLCs directly at:

CHS: mflc.chs@coronadousd.org 619-592-0821

CMS: mflc.cms@coronadousd.org 619-592-0821

Village: mflc.village@coronadousd.org 619-592-0609

ECDC: mflc2@coronadousd.org 619-816-0320

Strand: mflc.strand@coronadousd.org 619-592-0093

I acknowledge that a CYB-MFLC is available and authorize my child, _____, to receive CYB-MFLC support.

PARENT OR GUARDIAN SIGNATURE

DATE

I acknowledge that a CYB-MFLC is available and **DO NOT** authorize my child, _____ to receive CYB-MFLC support.

PARENT OR GUARDIAN SIGNATURE

DATE