Local Services:

Aloha Psych

549 Orange Avenue Coronado, CA 92118 (619) 996-3195

Coastal Counseling Services

120 B Ave Coronado, CA 92118 (619) 434-0778 Youth 12 and older

Coronado SAFE

1009 C Avenue Coronado, CA 92118 (619) 522-6884

Crown View Medical Group

(Psychiatry and Counseling) 158 C Ave Coronado, CA 92118 (619) 435-5400

Wanda Brothers, LMFT

1224 10th Street, Ste. 206 Coronado, CA 92118 (619) 437-1465 Youth 10 and older

Medical Emergency Services:

Coronado Bay Urgent Care

888 Palm Avenue Imperial Beach, CA 91932 (619) 423-0100

Sharp Coronado Emergency Room

250 Prospect Place Coronado, CA 92118 (619) 522-3722

Psychiatric Emergency Resources:

Aurora Behavioral Health Care San Diego

11878 Avenue of Industry San Diego, CA 92128 (888) 565-4228 Inpatient and Partial Hospitalization programs

Child and Adolescent Psychiatry Services

Rady Children's Hospital 8001 Frost St San Diego, CA 92123 entrance 9 (858) 966-8145

Rady Children's Hospital: Behavioral Health Urgent Care

4305 University Avenue, Suite 150 San Diego, CA 92105, (4-7pm) non-emergency (858) 966-5484

San Diego County Emergency Screening Unit

4309 Third Ave San Diego, Ca 92103 (619) 876-4502 *Accepts Medi-Cal ONLY

Sharp Mesa Vista: Inpatient/Outpatient Services 7850 Vista Hill Avenue San Diego, CA 92123 (858) 836-8434

UCSD Medical Center

200 West Arbor Drive San Diego, CA 92123 (619) 657-7000

Veterans Affairs Medical Center, Mental Health Unit

3350 La Jolla Village Drive San Diego, CA 92161 (858) 552-8585

Health Clinics:

Family Health Centers of San Diego

Several Locations, www.fhcsd.org (619) 515-2300

Downtown Family Health Center

1145 Broadway San Diego CA 92101 (619) 515-2525

La Maestra Community Health Center

4060 Fairmont Avenue San Diego, CA 92105 (619) 779-7900

Mid-City Community Clinic (Pediatrics)

4305 University Avenue, Ste. 150 San Diego, CA 92105 (619) 280-2058

South Bay Community Services

430 F St, Chula Vista, CA 91910 (619) 420-3620

Mental Health Resources:

Family Health Center of San Diego

Several Locations (619) 515-2300

Jeffrey Max, MD

(Youth Psychiatrist) 5755 Oberlin Dr. Suite 301 San Diego, CA 92121 (858)625-0025

Kendra Dobalian, MD

(Youth Psychiatrist) 8950 Villa La Jolla Dr Ste A218 La Jolla, CA 92037 (858) 455- 6761

Nueva Vista Family Services

1161 Bay Blvd., Suite B Chula Vista, CA 91911 (619) 585-7686 (sliding scale)

Psychiatric Centers at San Diego: Child and Adolescent Center

1550 Hotel Center North, Ste. 450 San Diego, CA 92108 (619) 692-1581

The San Diego LGBT Community Center Behavioral Health Services

3909 Centre Street San Diego, CA 92103 (619) 692-2077 x208

Therapy Changes

5055 North Harbor Drive, Suite 320, San Diego, CA 92106 (619) 275-2286

Vanessa Danielle Villasenor, LMFT

591 Camino de la Reina Ste 820 San Diego, CA 92108 (858) 519-8002

Other Countywide Services:

Family Forces

13223 Black Mtn Rd Suite 239 San Diego, CA, 92129 (858) 277-7907 (Individual, family, group, and couples counseling, Must have Tri Care)

Healthy Within, Inc. (Eating Disorder Treatment and Wellness)

5665 Oberlin Drive, Ste, 206 San Diego, CA 92121 (858) 622-0221

I Care Program

Support for victims of commercial sexual exploitation of children ages 12 + (619) 521-2250 x3816

McAlister Institute Teen Recovery Centers

7867 Convoy Court, Ste. 302 San Diego, CA 92111 (858) 277-4633

Our Safe Place

Support for LGBTQ youth ages 12+ 3427 4th Ave 2nd Floor San Diego, Ca 92103 (619) 525-9903

Rehab in California

https://www.help.org/rehabs/california/

Survivors of Suicide Loss (SOSL)

Support Line: (619) 482-0297 www.soslsd.org

The Elizabeth Hospice

Children's Bereavement Program 760-737-2054 https://elizabethhospice.org/grief-support/children/

UC San Diego Outpatient (18 & over)

140 Arbor Drive San Diego, CA 92103 (619) 543-7625

EMERGENCY NUMBERS:

San Diego Access and Crisis Line:

(888) 724-7240 <u>www.up2sd.org/</u> 24 hours a day/7 day a week

Coronado Police Department

911 for Emergency (619) 522-7350 Non-Emergency

Domestic Violence Hotline

(619) 234-3164 24 hours a day/7 day a week

Child Abuse Hotline:

(800) 344-6000

National Suicide Prevention Hotline (800) 273-8255

San Diego Peer to Peer Program

TEXT: (619) 377-7111 OR live online chat at www.mhsinc.org/peer2peer Monday-Friday 2pm-6pm

The Trevor Project

https://www.thetrevorproject.org/ (866) 488-7386 24 hours a day text or chat online

Crisis Text Line:

Text HOME or Go to 741741 Free, confidential 24/7 texts w/ trained Crisis Counselor Crisistextline.org

Programs listed in this pamphlet are provided to assist students, parents/guardians, and families in securing the most appropriate services. This is a partial list and does not include all relevant agencies and/or service providers. CUSD does not assume responsibility for the services provided by the agencies nor for the related fees.



Department of Student Services 201 Sixth Street Coronado, CA 92118

Directory of Community Resources

"We inspire, innovate, and create limitless opportunities to thrive."