



Coronado Middle School

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Online/Hybrid Physical Education

Dear Students and Parents,

Welcome to the class! Our Coronado Middle School Physical Education Department is pleased that you have chosen to participate in the Online/Hybrid Physical Education Course. We want to congratulate you on being a "pioneer" in the Coronado schools continuing quest to provide a Personalized Education Program for ALL students! This class is tailored to deliver the 7th and 8th Grade Physical Education Course Content in an individualized fashion. It is important that both parents and students understand how this class works so the student is successful.

For a student to be successful in this class, he or she will need to be a self-starter who can schedule their time to be able to stay on top of their required work. Required student work will entail some or all of the following on a module. A module is a 2-3 week unit of instruction based on the California State Content Standards for Physical Education and Health and is also aligned with Common Core Standards. There will be face to face meetings with their instructor as specified on the syllabus. These meetings are mandatory and part of your grade.

Coursework submissions include the following categories along with grading percentages for each category:

1. **Documenting Physical Activity - Home Exercise Credit Log (HCL):** Being physically active is a main course goal of this class. All 7th & 8th grade students in California are required to complete 400 minutes of physical activity every 10 days. Physical education is the only California State Mandated Course that requires time on task. Students in this class must prove their time on task by being physically active. **Students in this class will document these minutes of activity through submission of their Home Credit Log to their Home Credit Log (HCL) Wikispace.** Great emphasis on activity time requires us to verify 400 minutes thus the importance of turning in the HCL on time! A successful student in this class will need to update the HCL regularly and submit on time to the HCL Wikispace. Parents are required to be aware of the time spent on the HCL. Late HCLs will result in a phone call to the parent and a strict deadline after the call. Failure to hand in an HCL may result in removal from the class.

2. **Performance Tasks Video Submissions to Haiku:** Most Modules (unit of instruction) require students to film themselves and submit a video performing an aspect of a specific skill as they explain it or even demonstrate it to the instructor. This can also go on the HCL for activity credit. To be successful in this class the student must video themselves or enlist the help of others. Once the video is made it must be submitted to the module wikispace on time. Late performance tasks will not be accepted.

3 **Mile Run:** Students are required to run the mile once a Module and record their time on their mile run log. This run also goes on the HCL for activity credit. This record must be submitted on time to the module wikispace. Late mile times will not be accepted. To be successful in this class students must map out a mile run or use a track if available (see Mr. T to schedule a time to use the school track). Recording the run and submitting the record log on time each module is critical to the student's success in this class.

4. **Video Reflection:** In this class students will watch carefully selected instructional videos explaining the content in the module. Students are required to watch the videos which are sequential in nature on each module page. Module pages are set up so students watch the videos in order from the first video they see on the page to the last one on the page. All pages are set up to follow the agenda to complete work. Late video reflections will not be accepted.

5. **Discussion Posts/Polls:** Most modules have a discussion post or maybe a poll. These are assignments where the student response goes directly to the gradebook versus the wikispace. Discussion polls require students to post their own thoughts on the topic, as well as respond to at least one other classmate's post on that topic. Students will not receive full credit if they do not comment on another student's post on the topic. Discussions must be kept civil. No criticism, negativity, or putdowns will be allowed. Discussions and polls will not be open after the module closes.

6. **“K.W.L.” - “Know, Wonder, Learned”:** Several modules require students to complete a “K.W.L.”. A “K.W.L.” is a document the student begins before reading or viewing lesson material. In the “KNOWN” section of the document, the student writes down what they know about the topic in this portion of the document. Students then complete the “WONDER” section, Students write down what they “Wonder” about the topic; what they would like to know or what they think they will learn. Students then read or view the lesson material and complete the final section of the “K.W.L.” document which is the “LEARN” section, students write down what they learned from the lesson material after reading or viewing the material. Students also comment on if they learned what they thought they would. Late “K.W.L.”s will not be accepted.

7. **Health:** The first semester will have a health component to each module. Students will use the online version of the Teen Health Textbook. Students will be provided access and usage of the text. Students will be provided health content consistent with the California Content Standards for Health that is in alignment with Common Core Standards. Successful students in this class read the material, complete the assignments and submit the assignments on time to the module wikispace. Students will also study for and take quizzes/tests on the health topics. Late health submissions will not be accepted.

8. **Miscellaneous Quizzes:** Activity/skill based knowledge. Late Quizzes will not be accepted.

Students whose grade drop to a C or below will be attend a scheduled meeting with their parent to review their continued progress in the class. It may be determined by the teacher and staff that the student return to a traditional physical education class as failure is not acceptable in this class.

We believe all students will be successful in this class and will benefit tremendously from this personalized educational program.

Attention Students: We will meet on 8/24-26 , 7th period to go over the class rules, grading and expectations. Please meet me in room 125.

Attention Parents: Last, but not least, parents please come to the back to school night on 9-2-15 to get more info on the class and feel free to email me at todd.thielman@coronadousd.net

Respectfully,

Mr. Todd Thielman, 8th Grade P.E. and Online / P.E. Teacher

*** TRUSTWORTHINESS * RESPECT ** RESPONSIBILITY ** FAIRNESS ** CARING ** CITIZENSHIP ***

Character is doing the right thing, even when no one is watching!